



Paniolo (Hawaiian Cowboy) Night
Each Wednesday in Kai

Hawaiian cowboys (*Na Paniolo*) have played an important role historically and still today on Hawaii Island. There were paniolo working the open range here before there were cowboys in America’s West. “Paniolo” became the Hawaiian word for “Espanol” after the first Mexican vaqueros arrived in 1832 to help tend to the island’s wild, roaming cattle. Today, paniolo still care for herds on ranches across the island and many of them are descendents of Hawaii’s first cowboys. Paniolo have their own unique culture, music and even language.

Sheraton Keauhou Bay Resort & Spa’s Kai Restaurant is pleased to share a bit of paniolo culture - and some of their unique phases, at Paniolo Night at Kai each Wednesday. Round up the clan and enjoy tasty *kau kau* (food) at Paniolo Night.

Hawaiian Style

Paniolo Style

*Appetizer	E Ho’omaka (<i>begin</i>)	Hemo ka puka ~ open the gate
*Entrée	Mea i Wae’ia	Malia malia ~ go slow and easy
*Sides	Ao’ao	‘Awiwi ~ hurry up, move faster
*Dessert	Ho’opau (<i>finish</i>)	Pani ka puka ~ close the gate

34.95

Served 6:00-9:30pm Wednesday evenings

**Image courtesy of Parker Ranch archives.*